

SUDDEN CARDIAC ARREST / SUDDEN CARDIAC DEATH SCREENING FORM

(Starting at age 11 years up to 20 years of age)

Patient Name: _____	Date of Birth: _____
Age: _____	Sex: _____
Date of Screening: _____	
Provider: _____	Provider Signature: _____

Please check YES or NO		YES	NO
Have you ever fainted, passed out, or had an unexplained seizure suddenly and without warning, especially during exercise or in response to sudden loud noises, such as doorbells, alarm clocks, and ringing telephones?			
Have you ever had exercise-related chest pain or shortness of breath?			
Has anyone in your immediate family (parents, grandparents, siblings) or other, more distant relatives (aunts, uncles, cousins)			
a.	Died of heart problems		
b.	Had an unexpected sudden death before age 50? This would include unexpected drownings, unexplained auto crashes in which the relative was driving, or SIDS		
Are you related to anyone with any of the following conditions: (If yes, please check the boxes below that apply)			
	Hypertrophic Obstructive Cardiomyopathy (HCM)		
	Marfan syndrome		
	Arrhythmogenic Cardiomyopathy (ACM)		

	Long QT Syndrome (LQTS)
	Short QT Syndrome (SQTS)
	Brugada Syndrome (BrS)
	Catecholaminergic Polymorphic Ventricular Tachycardia (CPVT)
	Anyone younger than 50 years with a pacemaker or implantable defibrillator?

A positive response from the 4 questions above or an abnormal ECG should prompt further investigation that may include referral to a pediatric cardiologist or pediatric electrophysiologist.

Please check YES or NO	YES	NO
Screening result		
Positive Screening		
Negative Screening		

ECG Completed on: _____

ECG Result/Interpretation: _____

Referrals

Pediatric Cardiologists: _____

Pediatric Electrophysiologist: _____

Others: _____

*Starting at 11 years old, screen at the earliest opportunity and every 3 years or more often depending on family and Primary Care Physician (PCP) concerns. (DHCS MCQMD FAQs v7.16.25)
 From the American Academy of Pediatrics/Policy Statement/ July 1,2021
<https://publications.aap.org/pediatrics/article/148/1/e2021052044/179969/Sudden-Death-in-the-Young-Information-for-the?autologincheck=redirected>