



# ANTHROPOMETRIC SCREENING

COMPETENCY		MET	NOT MET
<b>A. HEIGHT/LENGTH MEASUREMENT</b>			
<b>1. Birth to 2 Years Old</b>			
a.	Positions child's head firmly against the headboard.		
b.	Straightens and holds knees and hips.		
c.	Moves footboard until it rests firmly against heels, feet, flexed and toes point directly upward.		
<b>2. 2 to 20 Years Old</b>			
a.	Prepares the patient by checking for hairstyle/hair buns, shoes off.		
b.	Instructs the patient to look forward and stand straight.		
c.	Checks that the back of the head, shoulder blades, buttocks and heels are touching the flat surface.		
d.	Positions the patient so that the head is firmly touching the right-angle headboard.		
<b>3. Documentation</b>			
a.	Records the patient's height/length utilizing the correct growth chart.		
b.	Documents height/length in increments of 1/8 in or 0.1 cm.		
<b>B. WEIGHT MEASUREMENT</b>			
<b>1. Birth to 2 Years Old</b>			
a.	Prepares for weight measurement by balancing and zeroing the scale including the paper drape.		
b.	Ensures that the diaper is clean and dry.		
c.	Places infant on the center of the scale platform.		
<b>2. 2 to 20 Years Old</b>			
a.	Prepares for weight measurement by balancing and zeroing the scale.		

b.	Removes bulky outer clothing, jackets, hat and shoes, empty pockets.		
c.	Stands or positions patient on center of scale platform with heels slightly apart.		

### 3. Documentation

a.	Records the patient's weight utilizing the correct growth chart.		
b.	Documents weight to the nearest decimal fraction (ex. 55.5 lbs or 25.1 kgs).		

### C. MEASURING HEAD CIRCUMFERENCE

a.	Prepares materials for measuring (measuring tape, disinfecting wipes if not disposable).		
b.	Utilizes a non-stretch measuring tape with increments of 1/8 in or 0.1 cm.		
c.	Measures the head at the most prominent part.		
d.	Takes measurements at least 3 times and documents the largest number.		
e.	Records the patient's head circumference utilizing the correct growth chart.		

**TOTAL ITEMS MET:**

**Total Possible Points:** 22 points

**Passing Score (80%):** 18 points

*If score is below 18, please review the training module and retest.\**

**Name:** \_\_\_\_\_ **Designation:** \_\_\_\_\_

**Date of Evaluation:** \_\_\_\_\_

**Name of Evaluator:** \_\_\_\_\_ **Signature of Evaluator:** \_\_\_\_\_

**Designation:** \_\_\_\_\_

## INSTRUCTIONS FOR SUBMISSION

1. If you have completed the CHILd training module on Anthropometric Screening, kindly have your office manager/trainer/provider or designee complete this checklist with you.

2. Once required score is met, the office manager/trainer/provider or designee will upload the checklist via the CHILD attestation page:



The completed checklist can also be sent directly to the FSR team at [fsrteam@hpsj.com](mailto:fsrteam@hpsj.com).

3. Once verified by the FSR Team, you will be issued a certificate of completion. The certificate of completion will be **valid for 4 years** unless revoked by the health plan.

For any questions or assistance needed, please reach out to the health plan's FSR team at [fsrteam@hpsj.com](mailto:fsrteam@hpsj.com).