



## What Is Preeclampsia?

Preeclampsia is a serious blood pressure health issue that happens during pregnancy.

- Preeclampsia often happens after the 20th week of pregnancy
- It can affect other organs in the body and is not safe for either mom or baby
- Preeclampsia needs to be treated by a health care provider

### What are the signs?

High blood pressure

Protein in the urine

Retaining water (this can cause weight gain and swelling)

**For other signs and symptoms talk to your health care provider.**

## When should I see my health care provider?

See your health care provider for all of your visits and blood or urine tests.



Go to the nearest hospital if you are pregnant and feel:

- Symptoms of a seizure-like twitching or convulsing
- Shortness of breath
- Sharp pain in your belly (clearly the right side)
- Blurry eyesight
- Sharp headache that won't go away
- Dark spots in your eyesight that will not go away