

Let's talk Attention Deficit Hyperactivity Disorder (ADHD) medication



Are you thinking of stopping your child's ADHD medication?

There are many treatment choices for a child with ADHD. It's vital that you let your child's doctor know your concerns. Below is support and facts to help you make the best choice in session with your child's doctor.



Supportive choices

A behavioral health care provider can help you and your child with the reality of having ADHD. Call HPSJ's partner, **Carelon 888.581.7526**, to ask for this type of support.

If you have questions you can call **HealthReach 24/7 Advice Nurse Line 800.655.8294** to speak with a nurse or doctor. This number links you to the audio health topics library, such as ADHD: 1250.



What is a Medication Holiday?

It is a planned break from your child's medication. Your child's doctor might suggest this, the reasons are unique for each case. This can be an option for your child, but always consult with your child's doctor. Taking a break from medication without a visit to the child's doctor can result in less progress being made in your child's life.



Medication helps kids outside the classroom

Medication can do more than help with your child's school success. It helps them:

- Build social skills in their youth
- Handle their feelings when interacting with friends and family
- Focus on tasks for a long time like sports, doing dishes, or other things.

If you speak another language, like American Sign Language, language assistance services, are available to you free of charge.

Visit www.hpsj.com/children-with-adhd for more information.

ADHDMEDFLY04192023E

HPSJ is here to help

HPSJ's **Social Work** team is a group of supportive staff who can link you to other help you need. This can involve:

- Support groups for parents/children with ADHD
- Referrals
- Behavioral health
- Transit to health care appointments

HPSJ Social Work
209.942.6395

Still thinking about stopping your child's medication?

It's vital you can speak with your child's doctor about changing their care. If you don't feel like you are being heard, you have the right to file a complaint. HPSJ's **Customer Service Representatives** can help you, Monday through Friday, 8 AM – 5 PM.

HPSJ Customer Service
888.936.7526