

Attention Deficit Hyperactivity Disorder (ADHD)

Frequently Asked Questions

Below is a list of questions that can help you when seeing your child's provider.

Questions	Answers
1. What are the side effects/what should I look for?	Medications can cause different results for each child. You can connect with HealthReach 800.655.8294 24/7 to speak with a nurse or doctor.
2. How are the medication's taken?	Some medications call for a person to eat, drink, or be taken at a set time of day. Others might tell you to not eat or drink a thing. It all depends and can be overwhelming. HPSJ's behavioral health partner, Carelon 888.581.7526 can help make things feel easier.
3. When should I call you?	Asking when you can call when you need their support outside of their office is good to know. For 24/7 support call HealthReach and get your most pressing questions answered from doctors or nurses.
4. How often will visits be?	If you need support getting to and from visits you can always call HPSJ Customer Service Department at 888.936.7526 .
5. What if we miss a dose?	If you forget what your child's doctor told you and you can't reach them, you can always call HealthReach 24/7.
6. What other type of support can help me?	HPSJ's Social Work Team 209.942.6395 can help you, your family, and child with ADHD. They can link you with support groups, childcare needed in crises, transit, or mental health support.
7. Will my child have to take medications forever?	Starting the chat with your child's doctor can help. You can learn more about ADHD by calling HealthReach to connect to the audio health library, enter: 1250.
8. What if our goal is to have my child medication free?	You should let each provider know. This can be the main doctor, therapist, or psychiatrist and they can all start helping you with the next steps to reach the best goal for your child.

Need assistance? Call **888.936.PLAN (7526) TTY/ TDD 711**, Monday to Friday 8 a.m. - 5 p.m., or visit **www.hpsj.com** for more information.

If you speak another language, like American Sign Language, language assistance services, are available to you free of charge.