

**HEALTH PLAN OF SAN JOAQUIN
HEALTH CAREERS SCHOLARSHIP PROGRAM APPLICATION**

Health Plan of San Joaquin (HPSJ) seeks to award the Health Careers Scholarship to graduating high school seniors or first year nursing/healthcare students who plan to pursue a healthcare profession, demonstrate an interest in community health, intend to practice in the Central Valley and demonstrate financial need.

Applicant Requirements: Must be a first year nursing/healthcare student in a participating school program or a graduating high school senior. Must have attended a local high school in San Joaquin or Stanislaus County. Must participate in the Health Careers Scholarship Mentorship Program, if awarded.

HPSJ Award Amount for 2022: \$3,000 per student, per school.

Number of HPSJ Awards Available per school: 2

HOW TO SUBMIT THIS APPLICATION:

This **fillable application** consists of 6 sections. Applicants are to fill out this application in the space allotted. Section 4 and 6 can be attached as separate forms to this application. Once you have completed all 6 sections, convert all submissions into PDF format and email your final submission to scholarships@hpsj.com or upload your application at <https://www.hpsj.com/scholarship-applications> by **FRIDAY, MAY 20, 2022.**

DEADLINES:

Final application submission: FRIDAY, MAY 20, 2022.

Letter of Reference: WEDNESDAY, MAY 25, 2022.

If you have questions or need assistance, contact Diana Pauls at dpauls@hpsj.com or call 209.933.3674



HEALTH CAREERS SCHOLARSHIP PROGRAM
APPLICATION FORM
SCHOLARSHIP APPLICANT AND PARENT(S)/GUARDIAN This is a voluntary and confidential scholarship application form to be used by the scholarship committee at Health Plan of San Joaquin. In order to fully understand the applicant's needs and to make equitable choices of scholarship recipients, the application form should be completed accurately. (All responses must be typed).

STEP 1- PERSONAL INFORMATION		
Full Name:		
Permanent Mailing Address:		
		Apt.
City:	State:	Zip:
Phone:	Best Time to Contact: <input type="checkbox"/> Day <input type="checkbox"/> Evening	
Address at School (if different from permanent mailing address):		
		Apt.:
City:	State:	Zip Code:
Email Address (one you check regularly):		
Race/Ethnicity (optional):		
Date of Birth:	Place of Birth (optional):	
Name of High School Attended:		
Address:		
Graduating Year:		
Name of Medical/Nursing School:		
Address:		
Starting Month/Year:		



STEP 2- ACTIVITIES

Please answer each of the following questions using a maximum of 500 characters. For each section, describe your three (3) most recent activities.

Work Experience:

Clubs/Organizations:

Community Service:

Honors, Awards and Certifications:



STEP 3- GENERAL

Please answer each of the following questions using a maximum of 500 characters.

1. Why do you want to be a nurse/healthcare professional, and what have you done to explore this career?

2. Do you intend to practice in San Joaquin or Stanislaus, if so why?

3. What is a major healthcare concern in your community? How do you see yourself contributing to the solution?



STEP 4- PERSONAL STATEMENT

Please answer the following question using a maximum three (3) pages, typed. Develop a personal statement telling the scholarship committee about:

- 1) Yourself
- 2) Your goals for the future
- 3) Obstacles you have overcome and how
- 4) Your health-related community service experience
- 5) Who or what experience has been the greatest influence in your decision to pursue a career in the healthcare field

Please attach your PERSONAL STATEMENT to your application.

STEP 5- LETTER OF RECOMMENDATION

Provide the letter of recommendation guidelines (last page of this application) to two (2) individuals who are familiar with your current character, professional interests, and involvement in the community. Please advise your recommenders to email the letter of recommendation to scholarships@hpsj.com **no later than Wednesday, May 25, 2022.**

STEP 6- REQUIRED ATTACHMENTS & DOCUMENTS

REQUIRED ATTACHMENTS:

1. Official Transcripts
2. Recent Completed Personal Statements
3. Two (2) Current Letters of Recommendation

STEP 7- REVIEW AND SIGN

I certify that all of the information in this application is valid and accurate.

I further certify that I have read the Mentorship Information Sheet (attached to this end of this application) and consent to participate in the Mentorship Program, if I accept the Health Careers Scholarship.

Student e-Signature

Date

Parent/Guardian e-Signature

Date



Health Careers Scholarship Program
Guidelines for Recommendation Letter

Instructions: Please provide a letter of recommendation of the applicant. The letter is limited to two pages, typed on Letterhead, including contact information of the recommender. The recommendation letter should address the following areas about the applicant's career aspirations and challenges:

1. How has the applicant shown a commitment to pursuing a career in medicine or healthcare?
2. What health-related contributions has the applicant made in the community?
3. What personal, educational or financial obstacles has the applicant overcome in the face of adversity?
4. What are the strengths of the applicant?
5. Are there any areas of concern that the review committee should consider about the applicant? Please explain.

Please submit the recommendation letter no later than close of business on Wednesday, May 25, 2022 to scholarships@hpsj.com

Thank you for taking the time to write a recommendation letter for the Health Careers Scholarship Program applicant.



Health Careers Scholarship - Mentorship Program

Information Sheet for Mentee

History and Inception of the Program

Since 2009 Health Plan of San Joaquin has awarded over 200 scholarships now in the amount of \$3,000 for full-time (minimum of 12 units), first year college students pursuing a nursing/healthcare career in San Joaquin or Stanislaus County.

In 2016, Health Plan of San Joaquin expanded the scope of the Health Careers Scholarship Program and added a complementary Mentorship Program. The Mentorship Program is exclusively offered to recipients of the Health Careers Scholarship Program. The Mentorship Program is designed for serious-minded students who are not just exploring, but have taken steps to enroll in a medical, nursing or pharmacy program at a participating Health Careers Scholarship Program school.

Why a Mentorship Program?

The need for medical and healthcare professionals in the Central Valley is high. The medical and healthcare programs at the participating schools are very demanding. The purpose of the Mentorship Program is to pair knowledgeable professionals, particularly those in the medical and healthcare fields, with incoming college freshmen and provide support, reassurance and encouragement for them to continue in the field. The mentor should enhance the mentee's college experience by offering one-on-one interaction, fostering professional development, identifying challenges (academic or personal), helping to develop goals and providing guidance so that the mentee feels empowered to succeed in the program and stay on-track until graduation and beyond!

What's the Role of the Mentor?

The mentor has an opportunity to:

- Help students network with industry professionals, find internships and locate possible jobs,
- Provide insight on how to navigate the college system,
- Support future professionals in realizing their dreams,
- Pay it forward by giving back to the community and
- Inspire greater interest in the medical and healthcare fields.

The first year of college can be tough. In providing insight on navigating the college system, the mentor can assist the mentee in what to expect as a first-year student. Mentors can share advice and experiences on 1) transitioning to college life, 2)

Health Careers Scholarship Program

balancing course-load, 3) choosing classes, 4) preparing for exams, 5) developing good study habits, 6) making friends, 7) feeling accepted, 8) joining societies and associations, 9) utilizing campus resources, 10) resolving issues, 11) dealing with homesickness, 12) managing money and time, 13) living independently, 14) being safe, 15) maintaining religious practices and 16) staying healthy. The mentee should take full advantage of the mentor's wealth of knowledge and real-life experiences. Remember, this mentorship opportunity is what you make it!

What's the Role of the Mentee?

The mentee has an opportunity to:

- Learn and reflect on the experiences of a mentor,
- Communicate with a resourceful professional,
- Obtain opportunities to network with other experienced professionals,
- Receive assistance with long-term career planning and direction guidance,
- Receive help clarifying goals and course of action,
- Have an objective person with whom to discuss problems and
- Collaborate with the mentor to identify areas of strength, concerns and opportunities for development.

Mentee Requirements

Mentees should be prepared to commit to the Mentorship Program for at least one year. Some form of communication with mentors should occur regularly, but at a minimum once/month. Communication does not have to be in-person. Mentor and mentee can decide on the form of communication that works best for both schedules. It is important to have an understanding of how the mentor wants to be contacted. The sessions do not need to be lengthy, but should be a time that is mutually agreed upon between the mentor and mentee. The mentorship relationship should have a formal ending after one year. The goal should be to make the end of the mentorship relationship a positive and affirming experience.

Participation in the Mentorship Program is mandatory for Health Careers Scholarship Program awardees. So, those who choose to apply for the scholarship, accept participation in the Program and demonstrate their dedication, commitment and willingness to receive the support of a mentor. If issues arise at any time during the Mentorship Program, mentees will have a point-of-contact in the Health Careers Scholarship Program who can act as a liaison between the mentee and mentor.

The Health Careers Scholarship – Mentorship Program is a value-add meant to help students navigate the college system and stay motivated to finish the college program.