



MODESTO GO RED FOR WOMEN LUNCHEON

05.07.2021

National Go Red for Women Sponsor

American Heart Association®



Local Cause Sponsor



You are invited to the
GO RED FOR WOMEN
DIGITAL EXPERIENCE

FRIDAY, MAY 7, 2021 | 12:00PM - 1:00PM



EMCEE
Eva Saha



**KEYNOTE
SPEAKER**
Susan Lucci



OPEN YOUR HEART
Natalie & Zoey

This year's event falls just before a special day, Mother's Day. We are celebrating women and mothers and shining a light on risks to their cardiovascular health.

So wear your best RED, grab your lunch and join us as we continue to have vital conversations around women's heart health and raise critically needed funds for the fight against the number 1 killer of women—cardiovascular disease.

[Reserve Your Digital Seat Now](https://ModestoGoRedLuncheon.Heart.org)

ModestoGoRedLuncheon.Heart.org

Questions: Katie.Malone@heart.org

SPEAKER INFORMATION

EMCEE

Eva Saha

Eva Saha is a professional emcee, moderator and presenter. She is best known for having worked as a TV personality on the Emmy Award winning entertainment show, 190 North, on Chicago's ABC7.

KEYNOTE SPEAKER

Susan Lucci

Susan Lucci is an Emmy Award-winning actress and New York Times best-selling author. Susan also serves as National Ambassador to the American Heart Association's Go Red for Women Movement, spreading a message of health and positivity.

OPEN YOUR HEART SPEAKER

Natalie & Zoey Swanson

Natalie & Zoey Swanson are local Go Red for Women Ambassadors and powerful voices in advocating for the American Heart Association. Natalie (mother) and Zoey (congenital heart defect survivor) will share their inspiring story during the event.

OPEN YOUR HEART & SUPPORT LOCAL CHILDREN

This year we will honor Zoey's heart journey by donating a children's book to the Sutter Health pediatric patients for every pre-committed \$250 donation we receive. Help us support congenital heart defect survivors like Zoey and provide comfort and education to children in our community by making an Open Your Heart donation today using the QR code below.



GET RED-Y ON FACEBOOK

MAY 3 – MAY 6

Join us the week leading up to our Go Red for Women Digital Experience for a celebration on Facebook! Each day we will share inspiring, educational and fun videos and information along with calls to action on how you can support your heart and brain health. All activities are on our page here - <https://fb.me/e/KoB5HUcv>

[5/3 – Go Red. Choose You. The Importance of Self-Care](#)

[5/4 – Learn to be a Lifesaver:](#)

[Know Your Numbers and Hands-Only CPR](#)

[5/5 – Go Red Por Tu Corazón. Latina Cardiovascular Health](#)

[5/6 – Think F.A.S.T. Stroke Education](#)

GO RED GOES SOCIAL!

Show us how you go **RED**! Send in a photo to be included in our social media wall for the event to our Communications Director Liz Faris at liz.faris@heart.org or post it on social media using the hashtag #GoRedModesto. Since we can't be together in person this year we want to "see" how all of you are celebrating! *Make sure your account is set to "public" so we can see it.*



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