

MEDICATION COVERAGE POLICY

PHARMACY AND THERAPEUTICS ADVISORY COMMITTEE

POLICY	Nausea	LAST REVIEW	9/15/2020
THERAPEUTIC CLASS	Gastrointestinal Disorders	REVIEW HISTORY (MONTH/YEAR)	9/19, 9/18, 12/16, 11/15, 11/07
LOB AFFECTED	Medi-Cal		

OVERVIEW

Prescription and OTC antiemetic medications are used to relieve nausea and/or prevent or stop vomiting. Some medications have more evidence of providing benefit in specific patient populations, such as patients taking chemotherapy or undergoing a procedure that requires anesthesia. While there are many available agents to relieve the symptoms of nausea and vomiting, non-pharmacologic recommendations should be incorporated into every patient care plan.^{1,2,3} The purpose of this coverage policy is to review the coverage criteria of HPSJ's formulary anti-nausea agents (*Table 1*).

Table 1: Available Anti-Nausea Medications (Updated 8/2020)

Generic (Brand)	Strength & Dosage form	Fml Limit	Cost per Rx	Notes
5-HT3 Antagonists				
Dolasetron (Anzemet)	Anzemet 50 mg tablet	PA; SP	\$72.05 per tablet	Reserved for treatment failure of Ondansetron and Granisetron Tablets
	Anzemet 100 mg tablet	PA; SP	\$95.51 per tablet	
Granisetron (Kytril, Sancuso)	Granisetron 1 mg tablet	PA	\$51.95	Reserved for patients with documented treatment failure of dose optimized Ondansetron therapy
	Sancuso 3.1 mg/24 hr transdermal patch	PA	\$1,135.66	Reserved for members with documented inability to take medications by mouth, including ODT formulations.
Ondansetron (Zofran)	Ondansetron 4 mg disintegrating tablet	QL	\$3.81	Limit 60 tablets per 30 days.
	Ondansetron 8 mg disintegrating tablet	QL	\$6.98	
	Ondansetron Hcl 4 mg tablet	QL	\$1.84	
	Ondansetron Hcl 8 mg tablet	QL	\$3.04	
	Ondansetron 4 mg/5 ml solution	NF	\$20.80	
	Ondansetron 40 mg/20 ml vial	NF	--	
Ondansetron HCL 2 mg/1 ml vial	NF	\$12.33		
Palonosetron (Aloxi)	Aloxi 0.25 mg/5 ml intravenous solution	PA; SP	\$60.00 per dose	Reserved for use in patients receiving highly-emetogenic chemotherapy, with treatment failure of ondansetron, or documented inability to swallow.
Neurokinin (NK)-1 Antagonist				
Aprepitant (Emend)	Emend 40 mg capsule	PA; QL	--	Reserved for patients receiving highly emetogenic chemotherapy or for post-operative
	Emend 80 mg capsule	PA; QL	\$1039.18	
	Emend 125 mg capsule	PA; QL	\$1,353.14	

	Emend 125 mg (1)-80 mg (2) capsules in a dose pack [Emend Trifold Pack]	PA; QL	--	nausea and vomiting with treatment failure of ondansetron. Limit 6 capsules per month.
Antidopaminergics				
Prochlorperazine (Compazine)	Prochlorperazine 25 mg rectal suppository	-	\$139.95	
	Prochlorperazine Maleate 5 mg tablet	-	\$9.35	
	Prochlorperazine Maleate 10 mg tablet	-	\$13.55	
Promethazine (Phenergan, Phenadoz, Promethegan)	Promethazine 12.5 mg rectal suppository	-	\$81.36	
	Promethazine 25 mg rectal suppository	-	\$87.49	
	Promethazine 25 mg/ml vial	NF	--	
Droperidol (Inapsine)	Droperidol 2.5 mg/ml vial	NF	--	
Metoclopramide (Reglan)	Metoclopramide 5 mg tablet	-	\$1.82	
	Metoclopramide 10 mg tablet	-	\$1.92	
	Metoclopramide 5 mg/5 ml solution	-	\$5.22	
Anticholinergics				
	Dramamine 25 mg chewable tablet	NF	\$0.33 per tablet	
Dimenhydrinate (Dramamine)	Dimenhydrinate 50 mg tablet	NF	\$0.05 per tablet	Max dose per day is 400 mg (8 tablets). A 30-day supply would cost \$12.00 per fill.
	Dramamine 50 mg chewable tablet	NF	\$0.39 per tablet	
Dimenhydrinate/ pyridoxine (Diclegis DR)	Diclegis DR 10-10 mg tablet	NF	\$377.85	
Diphenhydramine (Benadryl)	Diphenhydramine 12.5 mg ODT	-	--	
	Diphenhydramine 25 mg capsule/ softgel	-	\$1.51	
	Diphenhydramine 25 mg tablet/ caplet/captab	-	\$1.15	
	Diphenhydramine 50 mg capsule/softgel/tablet	-	\$0.52	
	Diphenhydramine 12.5 mg/5 ml solution/elixir/syrup	-	\$11.43	
	Diphenhydramine 50 mg/ml injection solution	-	\$4.12	
Meclizine (Dramamine Less Drowsy, UniVert)	Meclizine 12.5 mg caplet	-	--	
	Meclizine 12.5 mg tablet	-	\$1.86	
	Meclizine 25 mg tablet	-	\$7.55	
	Meclizine 25 mg chewable tablet	-	\$1.15	
Scopolamine (Transderm Scop)	Scopolamine 1 mg/3 day patch	NF	\$88.27	
	Transderm-Scop 1.5 mg/3 day		--	
Trimethobenzamide (Tigan)	Trimethobenzamide 300 mg capsule	-	\$31.24	
Cannabinoids				
Dronabinol (Marinol)	Dronabinol 2.5 mg capsule	PA; QL	\$91.09	Restricted to patients with anorexia/weight loss due

	Dronabinol 5 mg capsule	PA; QL	\$136.65	to AIDS or chemotherapy who have failed ondansetron, Emend and/or dexamethasone. Limit 60 capsules per 30 days.
	Dronabinol 10 mg capsule	PA; QL	\$496.32	
Nabilone (Cesamet)	Cesamet 1 mg capsule	NF	\$470.40 per 12 caps	

PA = Prior Authorization; QL = Quantity Limit; NF = Non-formulary; SP = Specialty Pharmacy

EVALUATION CRITERIA FOR APPROVAL/EXCEPTION CONSIDERATION

Below are the coverage criteria and required information for each agent. These coverage criteria have been reviewed & approved by the HPSJ Pharmacy & Therapeutics (P&T) Advisory Committee. For conditions not covered under this Coverage Policy, HPSJ will make the determination based on Medical Necessity as described in HPSJ Medical Review Guidelines (UM06).

5-HT3 Antagonists
<i>Dolasetron (Anzemet), Granisetron (Kytril, Sancuso), Ondansetron (Zofran), Palonosetron (Aloxi)</i>

Dolasetron (Anzemet)

- Coverage Criteria:** Anzemet is reserved for treatment failure of Ondansetron and Granisetron Tablets.
- Limits:** None
- Required Information for Approval:** Prescription fill history showing trial of ondansetron and granisetron or chart notes documenting why the patient cannot use first-line 5-HT3 antagonists
- Other Notes:** Medication is to be dispensed by HPSJ's designated specialty pharmacy.

Palonosetron (Aloxi)

- Coverage Criteria:** Aloxi is reserved for use in patients receiving highly-emetogenic chemotherapy, with treatment failure of ondansetron, or documented inability to swallow.
- Limits:** None
- Required Information for Approval:** Chart notes documenting diagnosis and chemotherapy regimen, and prescription fill history showing trial of ondansetron
- Other Notes:** Medication is to be dispensed by HPSJ's designated specialty pharmacy.

Ondansetron (Zofran)

- Coverage Criteria:** None
- Limits:** 60 tablets per 30 days
- Required Information for Approval:** N/A
- Other Notes:** None

Granisetron tablets

- Coverage Criteria:** Granisetron tablets are reserved for patients with documented treatment failure of dose optimized Ondansetron therapy.
- Limits:** N/A
- Required Information for Approval:** Prescription fill history showing trial of dose-optimized ondansetron.
- Other Notes:** None

Granisetron (Sancuso) patches

- Coverage Criteria:** Granisetron patches are reserved for members with documented inability to take medications by mouth, including ODT formulations.
- Limits:** N/A
- Required Information for Approval:** Chart notes documenting medical condition precluding the use of regular or ODT tablets.

- Other Notes:** None

Neurokinin (NK)-1 Antagonist

Aprepitant (Emend)

- Coverage Criteria:** Emend is reserved for patients receiving highly emetogenic chemotherapy or for post-operative nausea and vomiting with treatment failure of ondansetron.
- Limits:** 6 capsules per month
- Required Information for Approval:** For prevention of post-operative nausea and vomiting (PONV), drug refill history showing fills of ondansetron. For chemotherapy-induced nausea and vomiting (CINV), clinic notes documenting chemotherapy regimen and schedule.
- Other Notes:** None

Antidopaminergics

Prochlorperazine (Compazine), Promethazine (Phenergan, Phenadoz, Promethegan), Metoclopramide (Reglan)

- Coverage Criteria:** None
- Limits:** None
- Required Information for Approval:** N/A
- Other Notes:** None

Anticholinergics

Dimenhydrinate (Dramamine), Diphenhydramine (Benadryl), Meclizine (Antivert, Dramamine Less Drowsy, UniVert), Trimethobenzamide (Tigan)

- Coverage Criteria:** None
- Limits:** None
- Required Information for Approval:** N/A
- Other Notes:** None

Cannabinoids

Dronabinol (Marinol)

- Coverage Criteria:** Restricted to patients with anorexia/weight loss due to AIDS or chemotherapy who have failed ondansetron, Emend and/or dexamethasone.
- Limits:** 60 capsules per 30 days
- Required Information for Approval:** For anorexia/weight loss due to AIDS, clinic notes documenting diagnosis of HIV-associated cachexia. For chemotherapy, drug refill history showing fills of ondansetron, dexamethasone, and aprepitant.
- Other Notes:** None

☒ **REFERENCES**

1. Antiemesis (Version 2.2020). National Comprehensive Cancer Network Web Site. https://www.nccn.org/professionals/physician_gls/pdf/antiemesis.pdf. Accessed August 18, 2020.
2. Gan TJ, Diemunsch P, Habib AS et al. Consensus Guidelines for the Management of Postoperative Nausea and Vomiting. *Anesth Analg*. 2014;118:85-113.
3. Nausea and vomiting of pregnancy. Practice Bulletin No. 153. American College of Obstetricians and Gynecologists. *Obstet Gynecol*. 2015;126:e12-24.
4. American Society of Clinical Oncology (ASCO) Guidelines (2011): Antiemetics Clinical Practice Guidelines Update.

☒ **REVIEW & EDIT HISTORY**

Document Changes	Reference	Date	P&T Chairman
Creation of Policy	Antiemetics Class Review_JHP 11 08 07	11/2007	Allen Shek, PharmD
Update to Policy	HPSJ Coverage Policy Gastrointestinal Disorders - Nausea 2015-11.docx	11/2015	Johnathan Yeh, PharmD
Update to Policy	HPSJ Coverage Policy Gastrointestinal Disorders - Nausea 2016-12.docx	12/2016	Johnathan Yeh, PharmD
Update to Policy	HPSJ Coverage Policy Gastrointestinal Disorders - Nausea 2018-09.docx	09/2018	Johnathan Yeh, PharmD
Update to Policy	HPSJ Coverage Policy Gastrointestinal Disorders - Nausea 2019-09.docx	09/2019	Matthew Garrett, PharmD
Update to Policy	HPSJ Coverage Policy Gastrointestinal Disorders - Nausea 2020-09.docx	09/2020	Matthew Garrett, PharmD

Note: All changes are approved by the HPSJ P&T Committee before incorporation into the utilization policy

This coverage policy was approved by the P&T Committee on September 08, 2020.