## Turlock Annual Community Health & Wellness Fair A Free Empowering and Informative Event For All Ages

"Improving our community health, one person at a time" AWC

Bring your friends and family for a day of fun while learning from more than 60 agencies as they share information and resources about healthy living

**Physical Health** 

Spiritual Health

Mental Health

Safety & Security

Careers & Jobs

ATT THE PARTY

**Emotional Health** 

**Food & Nutrition** 

**Education** 

Family & Friends

Entertainment

**Financial Services** 

**Community Services** 

## **Local Businesses**

Free information and/or screening for Diabetes, Cholesterol, Blood Pressure, Bone Density, Depression, Foot Care, Vision, Skin Care, Healthy Food Recipes, Exercise, Yoga, Martial Arts and much more while you enjoy music & entertainment, arts, activities, face painting for the kids, free raffles, giveaways and prizes!!!!

Registration begins at 10:00 am and will include complimentary refreshments

A light lunch will be served to the first 300 guests that arrive

Please be advised that children must remain under supervision at all times

Date: Saturday November 2, 2019

Time: 10:00 am -2:00 pm

Location: Assyrian American Civic Club 2618 North Golden State Blvd. Turlock 95382

For more information, please contact Ramsina Betsayad at 209-535-5393

Sponsered by Assyrian Wellness Collaborative in partnership with: Stanislaus County Behavioral Health and Recovery Services/ Prevention and Early Intervention Program, Assyrian American Civic Club of Turlock and Health Plan of San Joaquin.

We Care



Stanislaus



TO THE POST OF THE



WELLNESS RECOVERY RESILIENCE

Assyrian Wellness Collaborative Behavioral Health and Recovery Services Assyrian American Civic Club of Turlock