

SERVING YOU FOR  
**19**  
YEARS

# Latino Times

**ASPARAGUS FESTIVAL APRIL 12TH TO 14TH**



## “Me and My Baby” Perinatal Program – Now available for HPSJ pregnant members

Health Plan of San Joaquin (HPSJ) continues to identify ways to help patients meet their health care needs by improving the health plan’s programs. Each year in the United States, about

700 women die because of pregnancy-related complications. But, looking at the leading causes of pregnancy-related deaths, 59% are preventable! Recently, HPSJ worked with the Advisory

Board to look at HPSJ’s prenatal program and high-risk pregnancies. They wanted to identify areas to improve within the program, to meet local community needs. As a result of working with the Advisory Board, HPSJ has organized a Perinatal Program, “Me and My Baby,” which they now offer to their pregnant members.

HPSJ knows a healthy pregnancy is a vital part for healthy birth outcomes and overall maternal health. Poor-to-no access to prenatal care increases the likelihood of low birth weights, pre-term births, and the risk for maternal complications leading to a longer hospital length of stay. The average hospital length of stay of pre-term births is eight times longer as compared to full-term newborns.

HPSJ’s “Me and My Baby” Pro-

gram uses a revamped care management identification program for HPSJ’s high-risk pregnant members. This combines timely, knowledgeable, warmly offered communication and support during prenatal and postpartum periods. The HPSJ “Me and My Baby” Tool Kit, offers:

- Health education
- Mental health screening
- Community resources
- Care coordination by dedicated, experienced staff
- And much more!

Any pregnant HPSJ member can have their primary care physician (PCP) enroll them in this program. The PCP would call 888.315.7526, or go online to [HPSJ.com/prenatal](http://HPSJ.com/prenatal). The PCP can also make a referral through the secure DRE Provider Portal.

**April 2019**