The Health Plan of San Joaquin PGY1 Managed Care Pharmacy Residency Program is unique in providing a balanced exposure to longitudinal ambulatory care practice as well as the operation of a Medicaid managed care HMO. The primary emphasis is placed on the application of clinical skill on the development and implementation of medication use management initiatives and policies, clinical programs, clinical analytics, formulary and disease management, pharmaco-economic and outcome assessment, drug information, and effective communication. The resident will be involved in classroom teaching and precepting clerkship students from University of the Pacific. By the end of the program, the resident will submit a manuscript for publication as the primary author.

The HPSJ Managed Care Pharmacy Residency is accredited by ASHP in partnership with AMCP.
ASK YOURSELF,

DO I WANT TO...

- Have an opportunity to lead a P&T meeting?
- Continuously improve my clinical skills and knowledge?
- Participate in all aspects of managed care pharmacy longitudinally, not “rotations”?
- Be a valued part of the pharmacy team?
- Be published in a peer-reviewed medical journal by the end of the residency?
- Focus on my development of personal and professional leadership?
- Design, build, and implement clinical programs from start to finish?
- Participate in meaningful process improvement?
- Build a strong foundation of analytical skills and become an expert in extracting clinical meaning from large amounts of data?
- Improve the lives of an entire population, rather than one patient at a time?
- View healthcare as a whole (medical, pharmacy, and preventative) rather than just focus on drug spend and utilization?
- To gain experience as both in teaching didactic pharmacy education and as a preceptor for APPE students?
- To contribute to the advancement of the profession of pharmacy?
- Become a leader in managed care pharmacy?

If the answer is “Yes!”, the residency program at HPSJ may help you achieve your career goals.
The purpose of this residency is to train and prepare pharmacists to assume a clinical position in a managed care setting. These pharmacists would be qualified to perform duties in Formulary Management, Clinical Data Analysis, Prior Authorization, Disease Management, and as an APPE and Residency Preceptor.

In response to the changes in healthcare delivery systems, emerging reimbursement trends, and increasing recognition of the need to improve and document drug therapy outcomes, the Health Plan of San Joaquin Managed Care Pharmacy Practice Residency prepares pharmacists for leadership roles in the managed care setting. The program is designed to provide a solid foundation in population-based pharmaceutical care. Primary emphasis is placed on the development and implementation of medication use management initiatives and policies, clinical/disease management programs, formulary management, pharmacoeconomic and outcome assessment, strong clinical and data analytics, drug information, effective communication, teaching/mentoring skills.

Residents are guided to discover and develop their own unique talents, so as to engender optimal growth and satisfaction throughout their careers. It is our goal as preceptors to nurture in our residents the knowledge, skill, insight, and commitment that will enable them to raise the level of practice of Pharmacy in the managed care environment. As a result of having completed the HPSJ Managed Care Pharmacy Residency, graduates will have the tools to excel and lead at a variety of managed care practice sites, such as HMO/Health Plans, PBM, physician groups, pharmaceutical industry and academia.
The 12-month (July 1st through June 30th) HPSJ Managed Care Pharmacy Residency consists of activities developed by faculty from Health Plan of San Joaquin (HPSJ), University of the Pacific (UOP) and San Joaquin General Hospital (SJGH). Functionally, the Residency is divided into 8 blocks, 4 are of limited time and 4 are longitudinal. A range of specific activities has been designed within each of the blocks to ensure that residents are afforded maximum learning opportunities across the full scope of Managed Care Pharmacist roles. Please see the Learning Experience Descriptions for the full block descriptions.
BLOCK I (4 WEEKS): 
PHARMACY OPERATIONS 
/ ORIENTATION
This one-month block 
orients the resident to HPSJ, 
its programs, the ASHP 
Residency Learning System 
(RLS), and other blocks. The 
resident will learn about the 
HPSJ formulary and prior 
authorization process.

BLOCK II (12 WEEKS): 
CLINICAL PRACTICE AND 
COMMUNICATIONS
In the second block, the 
resident will participate 
in focuses on the clinical 
aspect of managed care 
pharmacy. The resident 
will participate in the prior 
authorization process, 
develop monographs 
and class reviews for the 
P&T committee, draft 
communications to members 
and providers, and meet with 
plan sponsors.

BLOCK III (8 WEEKS): 
MEDICATION USE 
MANAGEMENT AND CLINICAL 
ANALYTICS
The third block will help the 
resident more fully develop 
their clinical analytical skills. 
The resident will take part in a 
pharmacy network analysis, 
fraud/waste/abuse analysis, 
and pharmaceutical spend 
and trend analysis.

BLOCK IV (8 WEEKS): 
TEACHING AND MENTORING
A key focus of this residency 
is preparing the resident 
to contribute to future 
generations of pharmacists. 
The resident will act as a 
preceptor for APPE students 
on Ambulatory Care and 
Managed Care Rotations. 
The resident will also give a 
didactic lecture (if possible) 
and serve as a facilitator 
for 2nd year University of 
the Pacific students in their 
Practicum class.

LONGITUDINAL I:
CLINICAL PROGRAM 
DEVELOPMENT
For the duration of the 
residency, the resident will 
develop clinical programs 
centered around disease 
management and/or quality 
improvement. This will require 
research into need for the 
program, efficacy of the 
treatments, and what 
clinical outcomes need to be 
measured.

LONGITUDINAL II:
LEADERSHIP AND 
MANAGEMENT
Throughout the residency, the 
resident will be developing 
leadership and management 
skills. In this block, the resident 
will document individualized 
personal mission, vision, 
goals, and values and re- 
evaluate quarterly. The 
resident will also meet with 
HPSJ leadership to discuss the 
leading a Health Plan into this 
era of health care.

LONGITUDINAL III:
AMBULATORY CARE
The resident will practice 
their clinical skills in the 
ambulatory care clinics 
at San Joaquin General 
Hospital. The resident will see 
patients in the CHF, Diabetes, 
Coumadin, and Asthma 
Clinics, create individualized 
plans, give patient 
education, and monitor for 
therapeutic outcomes.

LONGITUDINAL IV:
PROJECT MANAGEMENT
One of the most valuable 
skills the resident will learn is 
project management and 
the art of managing multiple 
competing priorities. The 
resident will be expected 
to stay organized while 
completing the residency 
project, completing prior 
authorizations, doing drug 
information questions, 
contributing to the P&T, 
precepting APPE students, 
and completing other 
projects as they come up in 
the organization.
All of the following must be completed to successfully complete the HPSJ PGY1 Managed Care Pharmacy Residency and receive a certificate of completion:

- Complete 12 full months of training (minus allowed vacation and holidays).
- Complete a longitudinal residency project and present findings at the Western States Conference
- Serve as the primary preceptor for an APPE student
- Complete 1 drug monograph, 1 class review, and 1 drug utilization review and present them at a Pharmacy and Therapeutics committee meeting
- Perform a Pharmacy Expenditure Analysis
- Complete and submit 1 manuscript for publication
- Read the 7 Habits of Highly Effective People
- Prepare personal mission/vision/goals.
- Complete 90% of the goals in ResiTack™ with a status of “Achieved”.

Resident Assessment and Evaluation

In order to ensure the resident is on track for completion of all goals and learning objectives by the end of the Residency, evaluation of the program will be done quarterly (every 3 months). Changes may be made to the program based on feedback from preceptors or the Resident. Evaluations are centered on the program’s goals and learning objectives, and administered via ResiTack™. It is HPSJ’s goal to customize the residency program to the Resident’s specific skills and interests. Mandatory evaluations include:

1. Preceptor assessment of Resident performance and progress towards learning objectives
2. Resident self-evaluation of performance
3. Resident evaluation of preceptors and learning experiences.
APPLICANT INFORMATION

// Type of Residency
PGY1 Managed Care Pharmacy Residency

// Accreditation Status
Accredited by ASHP in partnership with AMCP

// Length of Program
12 months

// Number of Positions
One

// Application Deadline
January 3rd

// Onsite Interview
Required

// Requirements
Pharm.D. from an ACPE-accredited college of pharmacy or equivalent experience, eligible for California licensure, good academic standing, excellent written and verbal communication skills. Strong analytical skills. Strong leadership qualities.

// Estimated Stipend
$45,000

// Fringe Benefits
- Health, dental, vision, life, and disability insurance available
- Paid time off
- Professional travel and stipend available
- No weekend/holiday hours
- No staffing requirement
Type of Residency
PGY1 Managed Care Pharmacy Residency

Accreditation Status
Accredited by ASHP in partnership with AMCP

Length of Program
12 months

Number of Positions
One

Application Deadline
January 3rd

Onsite Interview
Required

Requirements
Pharm.D. from an ACPE-accredited college of pharmacy or equivalent experience, eligible for California licensure, good academic standing, excellent written and verbal communication skills. Strong analytical skills. Strong leadership qualities.

Estimated Stipend
$45,000
Health Plan of San Joaquin participates in the ASHP Pharmacy Online Residency Centralized Application Service (PhORCAS) therefore all materials should be submitted through the PhORCAS system at www.ashp.org/phorcas. Our ASHP Matching program code number is 149514.

To be considered as a candidate for the HPSJ Managed Care Pharmacy Practice Residency, applicants are required to submit the following items to the program director no later than January 3rd:

1. A letter of interest describing why the applicant has chosen to complete a managed care pharmacy practice residency and why he/she is specifically interested in the residency at HPSJ (please include an e-mail address)

2. Three letters of recommendation from faculty or work supervisors. At least two must be familiar with the applicant’s clerkship performance.
3. An official transcript of all course work completed in the professional pharmacy curriculum
4. A current curriculum vitae
5. One professional writing sample (newsletter, published manuscript, drug monograph/review, etc).

Qualified applicants will be contacted by the program director to arrange an on-site interview. The on-site interview is a required portion of the application process and will not be waived.

Each candidate’s qualifications will be judged according to the following criteria:
1. All application materials received by the program director no later than January 3rd.
2. Anticipated graduation from an accredited school of pharmacy prior to the start of the residency.
3. Demonstration of a strong commitment to pursuing a leadership role in managed care pharmacy.
4. Strong academic background in therapeutics and pharmacology, and strong performance on clerkship rotations. (Note: A high GPA is helpful, but not required.)
5. Demonstrated ability to effectively apply pharmacotherapy knowledge on clerkship.
6. Examples of extra effort and initiative via extra-curricular activities, special projects, or unique work experiences.
7. Demonstration of strong verbal and written communication skills as well as analytical skills.
Kevin Leung, PharmD  
HPSJ Resident 2006-2007  
University of the Pacific, PharmD  
Class of 2006  
Current Employment: Director of Clinical Analytical Strategies - WellPoint

Jonathan Yeh, PharmD  
HPSJ Resident 2007-2008  
University of Southern California, PharmD  
Class of 2007  
Current Employment: Director of Clinical Programs  
Health Plan of San Joaquin

Raj Gandhi, PharmD, MBA  
HPSJ Resident 2009-2010  
University of the Pacific, PharmD  
Class of 2009  
Current Employment: Sr. Pharmacy Manager at UHA, Stanford Health Care

Selina Tam, PharmD  
HPSJ Resident 2010-2011  
University of California, San Francisco, PharmD  
Class of 2010  
Current Employment: Associate Director of Clinical Operations - Davita

Jonathan Szkotak, PharmD  
HPSJ Resident 2011-2012  
University of New Mexico, PharmD  
Class of 2011  
Current Employment: Director of Pharmacy  
Health Plan of San Joaquin

Marybeth Derbyshire, PharmD  
HPSJ Resident 2012-2013  
University of Maryland, PharmD  
Class of 2012  
Current Employment: Managed Care Pharmacist  
Alameda Alliance for Health

Ming Shen, PharmD  
HPSJ Resident 2013-2014  
University of Massachusetts, PharmD  
Class of 2013  
Current Employment: Clinical Pharmacist for LA Care

Brenda Ng, PharmD  
Current Resident  
University of the Pacific, PharmD  
Class of 2014
PUBLICATIONS


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