

LVM SYSTEMS
Health Information Setup
List - Topics - Topic Id Order (Audio Health)

Audio ID	Health Topic
001	Acne in Teens: Ways to Control It
002	Heart Attack: Getting Back Into Your Life After a Heart Atta
003	Advance Directives and Do Not Resuscitate Orders
004	Occupational Exposure to HIV: Advice for Health Care Workers
005	HIV and AIDS: How to Reduce Your Risk
006	Alcohol: What To Do If It's a Problem for You
007	Alcohol Withdrawal Syndrome
008	Peripheral Arterial Disease and Claudication
009	Anemia: When Low Iron Is the Cause
010	Ankle Sprains: Healing and Preventing Injury
012	Antidepressants: Medicine for Depression
013	Anxiety and Panic: Gaining Control Over How You're Feeling
014	Asthma: Learning to Control Your Symptoms
015	Exercise: How To Get Started
016	Birth Control: Choosing a Method That's Right for You
017	Botulinum Toxin Injections: A treatment for muscle spasms
018	Breast Cancer: Steps to Finding Breast Lumps Early
019	Breast Feeding: Hints to Help You Get Off to a Good Start
020	Bronchiolitis and Your Child
021	Endometrial Cancer
023	Carpal Tunnel Syndrome: Preventing the Pain in Your Hands an
024	Cat-Scratch Disease
025	Hearing Problems in Children
026	Chemotherapy and Radiotherapy for Cancer of the Colon or Rec
027	Child Safety: Keeping Your Home Safe for Your Baby
028	Childhood Vaccines: What They Are and Why Your Child Needs T
029	Cholesterol: What Your Level Means
030	Day Care: Choosing a Good Center
031	Chronic Fatigue Syndrome
032	Hepatitis B and C
033	Chronic Pelvic Pain
034	Cleft Lip and Cleft Palate
035	Cluster Headaches
036	Colic: Learning How to Deal With Your Baby's Crying
037	Constipation: Keeping Your Bowels Moving Smoothly
038	HIV: Coping With the Diagnosis
039	Pressure Sores
040	Metered-Dose Inhaler: How to Use It Correctly
041	Cuts, Scrapes and Stitches: Caring for Wounds
042	Circumcision
043	Depo-Provera: An Injectable Contraceptive
044	Depression and Alzheimer's Disease
045	Depression: How Medicine Can Help
046	Depression: You Don't Have to Feel This Way
047	Diabetes and Your Body: How to Take Care of Your Eyes and Fe
048	Diabetes Insipidus

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049	Diabetes: Taking Charge of Your Diabetes
050	Diabetic Neuropathy: What You Can Do About It
051	Diaper Rash: Tips on Prevention and Treatment
052	Domestic Violence: Protecting Yourself and Your Children
053	Pregnancy: Taking Care of You and Your Baby
054	Dysthymic Disorder: When Depression Lingers
055	Earaches: A Painful Problem for Many Children
056	Ehrlichiosis: A Disease From Ticks
058	Depression: Electroconvulsive Therapy
059	Exercise: A Healthy Habit to Start and Keep
061	Fibromyalgia and Exercise
063	Anorexia Nervosa
064	Preeclampsia
065	Fainting: What Causes It
066	Febrile Seizures: What Every Parent Should Know
067	Fecal Incontinence
068	Fetal Alcohol Syndrome: Why Pregnancy and Alcohol Don't Mix
069	Fever in Children: When Your Child Has a Fever
070	Fibromyalgia: What It Is and How to Manage It
071	Hepatitis C
073	The Flu and Colds: Tips on Feeling Better
075	Gestational Diabetes: What it Means for Me and My Baby
076	Pregnancy: Things to Think About Before You're Pregnant
077	Mononucleosis
078	Giardiasis
079	Grieving: Facing Illness, Death and Other Losses
080	Gynecomastia: When Breasts Form in Males
081	Hair Loss and Its Causes
082	Colposcopy
083	Allergies: Things You Can Do to Control Your Symptoms
084	Head Injuries: What to Watch for Afterward
085	Outdoor Air Pollution: Possible Health Effects
086	Healthy Living: What You Can Do to Keep Your Health
087	Heartburn: Hints on Dealing With the Discomfort
088	Heat Exhaustion and Heatstroke: What You Need To Know
090	Hemorrhoids: Reducing the Pain and Discomfort
091	Herpes: What It Is and How to Deal With It
092	High Blood Pressure: Things You Can Do to Help Lower Yours
093	HIV: Pregnancy and AZT
094	Cast Care
095	Incision Care
096	Meniere's Disease
097	Medicine and Your Child: How to Give Your Child the Right Do
099	Fiber: How to Increase the Amount in Your Diet
100	Mouth and Teeth: How to Keep Them Healthy
102	Steroid Medicines: How to Stop Safely

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103	ADHD Medicines
104	Nasal Sprays: How to Use Them Correctly
105	Warts: Removal by Freezing
106	Flat Feet in Children
107	Scoliosis
109	Erectile Dysfunction (ED)
110	Insomnia: How to Get a Good Night's Sleep
111	Intussusception
112	Irritable Bowel Syndrome: Tips on Controlling Your Symptoms
113	ITP: Idiopathic Thrombocytopenic Purpura
114	Gallbladder Removal: Laparoscopic Method
115	Arthritis: How to Stay Active and Independent
117	Low Back Pain: Tips on Pain Relief and Prevention
118	ADHD: What Parents Should Know
119	Heart Failure
120	Tuberculosis: The Meaning of a Positive Test
121	Medicine and Food: When They Don't Mix
122	Chronic Pain Medicines
123	HIV: Medicines for People Who Are HIV Positive
124	Memory Loss With Aging: What's Normal, What's Not
125	Menopause: What to Expect When Your Body is Changing
126	Natural Family Planning
127	Migraine Headaches: Ways to Deal With the Pain
128	Blood Pressure Monitoring at Home
129	Mushroom Poisoning in Children
130	Naltrexone for Alcoholism
132	Nosebleeds: What to Do When Your Nose Bleeds
133	Obsessive-Compulsive Disorder: What It Is and How to Treat I
134	Occupational Respiratory Disease: Your Workplace and Your Lu
135	Osgood-Schlatter Disease: A Cause of Knee Pain in Children
136	Osteoporosis in Women: Keeping Your Bones Healthy and Strong
137	Panic Disorder: Panic Attacks and Agoraphobia
138	Pap Smears: What They Are and What the Results Mean
139	Pinworms and Your Child
140	Plantar Fasciitis: A Common Cause of Heel Pain
141	PMS: What You Can Do to Ease Your Symptoms
142	Polycystic Kidney Disease (PKD)
143	Pregnancy: What to Expect When Your Due Date Has Passed
144	Prenatal Diagnosis: Amniocentesis and CVS
146	Indoor Racquet Sports: Preventing Injuries
147	Running: Preventing Overuse Injuries
148	Benign Prostatic Hyperplasia (BPH)
149	Autopsy: Questions and Answers
151	Stroke Rehabilitation
152	Alcohol or Drug Abuse Recovery: Your Doctor Can Help
153	Snakebites: Reducing Your Risk

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154	Morning Sickness
155	Rosacea and Its Treatment
156	Scuba Diving Safety
157	Seborrheic Dermatitis - (Dandruff): What It Is and How to Tr
158	Sever's Disease: A Common Cause of Heel Pain
159	Skin Cancer: Saving Your Skin From Sun Damage
160	Sleepwalking in Children
161	Smoking: Steps to Help You Break the Habit
162	Somatoform Disorder: What It Is and How to Cope
163	Sore Throat: Easing the Pain of a Sore Throat
165	STIs: Common Symptoms & Tips on Prevention
166	Stool Soiling and Constipation in Children
167	Stress: How to Cope Better With Life's Challenges
169	Halitosis (Bad Breath)
170	Twins: Taking Care of Two
171	Asthma: Taking Medicines Safely
172	Tension Headaches
173	Total Contact Cast: What It Is and Why It's Used
174	Lifting Safety: Tips to Help Prevent Back Injuries
175	Preventive Services for Healthy Living
176	Eczema: Tips on How to Care for Your Skin
177	Smokeless Tobacco: Tips on How to Stop
178	Infant Formula
179	Toilet Training Your Child
180	Toxoplasmosis in Pregnancy
181	Transient Synovitis of the Hip: A Cause of Hip Pain in Child
182	Traveler's Diarrhea
186	Ulcers: What You Can Do to Heal Your Ulcer
187	Parkinson's Disease
188	Cirrhosis and Portal Hypertension
189	Urinary Incontinence: Embarrassing but Treatable
190	Urinary Tract Infections: A Common Problem for Some Women
191	Nicotine Patch
192	Weight-loss Medicines
193	Chickenpox Vaccine
194	Vaginal Discharge: Changes That May Be Signs of a Problem
195	Vasectomy: What to Expect
196	Vomiting and Diarrhea: Helping Your Child Through Sickness
197	Weight Control: The Power of Healthy Choices
198	Weight-Training and Weight-Lifting Safety
199	Psoriasis
200	Benign Paroxysmal Positional Vertigo
201	Child Behavior: What Parents Can Do to Change Their Child's
202	Intoeing
203	Cat and Dog Bites
204	Chlamydial Infection

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205	Corneal Abrasions
206	Vaginal Yeast Infections
208	Ingrown Toenails
209	Warts
210	Hirsutism (Excess Hair)
212	Sleep Apnea
213	Pelvic Inflammatory Disease (PID)
214	Epilepsy
215	Genital Warts
216	Glaucoma
218	Spitting Up in Babies
219	Asthma and Your Child
220	Croup and Your Child
221	Repeated Infections in Children
222	Constipation in Children
223	Pap Smears: When Yours is Slightly Abnormal
224	Toddlers: When Yours Doesn't Want to Eat
225	HIV: Infection in Women
226	Hearing: Noise-Induced Hearing Loss
227	Dental Hygiene: How to Care for Your Child's Teeth
228	Guns and Your Family
230	ADHD: Does My Child Have It?
231	Drug Reactions
232	Allergy Shots: Could They Help Your Allergies?
233	Angina and Heart Disease
234	Bacterial Vaginosis
235	Bartholin's Gland Cyst
236	Celiac Disease
237	Chronic Cough: Causes and Cures
238	Complex Regional Pain Syndrome
239	Coronary Heart Disease: Reducing Your Risk
240	Deaf or Hard-of-Hearing: Tips for Working With Your Doctor
241	Digoxin: A Medicine for Heart Problems
242	E. Coli Infection
243	Epilepsy and Pregnancy: What You Should Know
244	Hypercoagulation: Excessive Blood Clotting
245	Falls: How to Lower Your Risk
246	Health Care Workers: Avoiding Infections at Work
247	High-Altitude Illness: How to Avoid It and How to Treat It
248	HIV: How to Avoid Infections If You're HIV Positive
249	Homocysteine
250	Hospice Care in the Nursing Home
251	Hyperparathyroidism: What It Is and How It's Treated
252	Inflammatory Bowel Disease
253	Diabetes: Insulin Lispro
254	Latex Allergy

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255	Occupational Exposure to Lead
256	Lumbar Spinal Canal Stenosis: A Common Cause of Back and Leg
257	Lyme Disease
258	Melatonin
259	Pain Control After Surgery: Pain Medicines
261	Pets and Parasites
262	Antihistamines
264	Prostate Cancer Treatment Options
265	Rotator Cuff Exercises
266	Schizophrenia: Newer Medicines
267	Seasonal Affective Disorder
268	Shoulder Pain
269	Smoking Cessation in Recovering Alcoholics
270	Implantable Cardioverter-Defibrillator
271	Ulcers and H. pylori Infection
272	Urinary Tract Infections in Children
273	Drinking: It Can Spin Your World Around: Facts for Teens
274	Smoking: Don't Let It Steer You Wrong: Facts for Teens
275	STIs: Learn How to Protect Yourself
276	Sex: Take Time to Make the Right Decision
277	Eating Disorders: Facts for Teens
278	Teens and Stress: Who Has Time For It?
279	Ovarian Cyst
280	Chronic Bronchitis
281	Group B Strep Infection in Pregnancy
282	Slipped Capital Femoral Epiphysis (SCFE)
283	Premature Babies: Caring for Your Baby
284	Painful Urination
285	Teenagers: How to Stay Healthy
286	Arrhythmia: A Problem With Your Heartbeat
287	Heart Disease and Heart Attacks: What Women Need to Know
288	Nutrition and Exercise: Healthy Balance for a Healthy Heart
290	Stroke: Warning Signs and Tips for Prevention
291	Heart Attack: Warning Signs and Tips on Prevention
292	Heart Disease: Assessing Your Risk
293	How to Get the Most from Your Medicine
296	Smoking: 'Why Do I Smoke?' Quiz
297	Nutrition: Serving Size and Healthy Food Choices
298	Nutrition Prescription
299	Diet: Keeping a Food Diary
300	Food Habits Survey
302	Nutrition: Choosing Healthy, Low-Fat Foods
305	Pregnancy and Exercise: What You Can Do for a Healthy Pregna
309	Strabismus (Cross-Eyes)
310	Breech Babies: What Can I Do if My Baby is Breech?
311	International Travel: Tips for Staying Healthy

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312	Henoch-Schönlein Purpura
313	Intrauterine Growth Restriction: When Your Baby Stops Growin
314	Rape: What to Do if You're Raped
316	Tinea Infections: Athlete's Foot, Jock Itch and Ringworm
319	Intrauterine Device (IUD)
320	Sarcoidosis
321	International Adoption: Health Aspects
326	Very-Low-Dose Birth Control Pills for Perimenopausal Women
327	Diabetes: How Do I Know If I Have It?
328	Runny Nose in Children
329	Proteinuria in Children
330	Ear Infections: Otitis Media With Effusion
332	Genetic Testing for Breast Cancer Risk: What Does It Mean to
333	Polio Vaccine
334	Tips for Snowboarders
338	Down Syndrome: Finding Out Your Child Has Down Syndrome
339	Down Syndrome: Caring for a Baby With Down Syndrome
340	Food Allergies: Just the Facts
341	Herniated Disk: What It Is and What You Can Do
343	Obesity and Children: Helping Your Child Lose Weight
344	Obesity and Children: Helping Your Child Keep a Healthy Weig
345	Esophageal Atresia and Tracheoesophageal Fistula
347	Diabetes: Assessing Your Risk
349	Diabetes and Nutrition
350	Diabetes: What the Diagnosis Means
351	Diabetes and Exercise
352	Diabetes: Foot Care
353	Diabetes: Helping a Family Member Who Has Diabetes
354	Diabetes: Why You Need Insulin and How to Use It
355	Diabetes: Monitoring Your Blood Sugar Level
356	Diabetes: Preventing Diabetic Complications
357	Drug Abuse: How to Break the Habit
361	Prostate Cancer: What You Need to Know
362	Congenital Adrenal Hyperplasia: What It Is and How It's Trea
366	Enuresis (Bed-Wetting)
367	Vulvodynia
368	Parenting Tips
369	Nutrition: Tips for Improving Your Health
370	Urinary Reflux in Children
372	Gout
373	Pregnancy: Are X-rays Safe During Pregnancy?
374	Adhesive Capsulitis
375	Congenital Heart Disease: How to Care For Your Baby and Your
376	Multiple Myeloma: What It Is and How It's Treated
378	Tics and Tourette's Syndrome in Children
379	Postpartum Depression and the 'Baby Blues'

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380	Syphilis: What It Is and How It's Treated
384	Malaria: How to Prevent It
386	Sleep Changes in Older Adults
387	Testicular Cancer: What to Look For
388	Diabetes Medicines
389	Human Papillomavirus Testing
390	Shoulder Instability: When Your Shoulder 'Goes Out'
440	Kawasaki Disease
441	Mastocytosis: What It Is and How It's Diagnosed and Treated
442	Speech and Language Delay: What Does This Mean for My Child?
443	Depression in Women
444	Hip Problems in Infants
445	Puberty: What to Expect When Your Child Goes Through Puberty
448	Reactive Arthritis: What You Should Know
449	Post-traumatic Stress After a Traffic Accident
450	Labor Induction
451	HIV: What is Acute HIV Syndrome?
452	Peyronie's Disease
453	Heart Murmurs in Children: What Parents Should Know
454	Working Safely: Advice For Teens
455	Air Travel Health Tips
456	HELLP Syndrome and Your Pregnancy
457	HIV: Nutrition and Exercise When You Have HIV
458	Concussion in Sports
460	Amblyopia in Children: What It Is and How It Is Treated
462	Genetic Testing: What You Should Know
465	Sildenafil (Viagra)
467	Microscopic Hematuria
468	Osteoporosis and Raloxifene
469	Pigmented Villonodular Synovitis (PVNS)
470	Abnormal Uterine Bleeding
474	Dyspepsia: What It Is and What to Do About It
475	Pneumocystis carinii Pneumonia (PCP) and HIV
476	Endometriosis
477	Preventing the Flu
478	Burners
479	Patellofemoral Pain Syndrome
480	Diabetes: Type 1
481	Diabetes: Flexible Insulin Regimens for People with Type 1 D
482	Social Phobia
485	Marijuana's Adverse Effects
487	Driving Skills in Older Adults
488	Osteochondritis Dissecans
489	Sensory Dysfunction: Problems With Smell or Taste
490	Knee Bracing: What Works?
495	Nutrition: Tips for Kids

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496	Tuberous Sclerosis and Your Baby
497	Urinary Tract Infections During Pregnancy
498	Gambling: When Is It a Problem?
547	Meckel's Diverticulum
548	Hashimoto's Disease: What It Is and How It's Treated
549	Mental Retardation: Learning How to Help Your Child
550	Sickle Cell Disease: Practical Tips for Preventing a Sickle
551	Chronic Pain: How to Get Relief
555	Gallstones: What Are They and How Are They Treated?
556	Colorectal Cancer Screening
557	Bacterial Endocarditis: A Heart at Risk
566	Nightmares and Night Terrors in Children
567	Temporal Arteritis and Polymyalgia Rheumatica
571	Breast Pain in Women
574	Shingles
578	Pessary: What It Is and How to Use One
581	Prostatitis
582	Pregnancy: Respiratory Infections During Pregnancy
585	Dementia: Info and Advice for Caregivers
586	Substance Abuse: What It Is and How to Quit
588	Depression and Older Adults: What It Is and How to Get Help
589	Mental Health: Keeping Your Emotional Health
590	Understanding Your Teenager's Emotional Health
598	Mitral Valve Prolapse: What You Should Know
599	Sports and Women Athletes: The Female Athlete Triad
600	Lichen Planus
601	Uterine Fibroid Embolization: A New Way to Treat Fibroids
610	Down Syndrome: What You Need to Know When You're Pregnant
611	Polymyalgia Rheumatica (PMR)
612	Sexual Dysfunction in Women: What Can I Do If Sex Isn't Work
613	Canker Sores: What Are They and What Can You Do About Them?
614	Skin Cancer: Reduce Your Risk With 'Safe Sun' Guidelines
615	Skin Care: Men Who Care About Their Skin Protect It
616	Osteoarthritis of the Knee
617	Lead Poisoning in Children
618	Smoking: Do I Want to Quit?
620	Polycystic Ovary Syndrome
621	Sickle Cell Disease in Children
622	Cervical Spondylotic Myelopathy (CSM)
623	Cushing's Syndrome and Cushing's Disease
624	Post-traumatic Stress Disorder
625	Bipolar Disorder
627	Generalized Anxiety Disorder: What You Should Know
628	Methotrexate
630	End-of-Life Care: Cardiopulmonary Resuscitation (CPR)
631	Acne and Isotretinoin: Using Isotretinoin the Right Way

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632	Progestin-only Contraceptives
633	Beta Blockers for Heart Problems
634	Autism and Your Child
636	ADHD in Adults
637	Undescended Testicles
638	Burns: Taking Care of Burns
639	Anemia (Normocytic Anemia)
641	Depression in Children and Teens
642	Urinary Incontinence: Kegel Exercises for Your Pelvic Muscle
644	Gamma-Hydroxybutyrate (GHB)
645	Caregiver Stress
646	Paraphimosis
647	Diabetes and Heart Disease
648	Mass Psychogenic Illness
649	Burns: Preventing Burns in Your Home
650	Spirituality and Health
653	Kidney Cysts
654	HIV and Plasma Viral Load Testing
655	Splenectomy and Risk of Infections
657	Otitis Externa
659	Antibiotic Resistance
660	Insulin Resistance Syndrome
662	Dementia: What Are the Common Signs?
663	Fungal Infections of Fingernails and Toenails
665	Asthma: Controller and Quick-Relief Medicine
666	Melanoma: A Kind of Skin Cancer
668	Dog Bites: How to Teach Your Children to Be Safe
669	Dyspareunia: Painful Sex for Women
670	Strep Throat
671	Congestive Heart Failure: How to Stay Well and Out of the Ho
673	Galactorrhea
674	Nasopharyngeal Cancer
675	Pulmonary Hypertension
677	Acute Bronchitis
678	Allergic Conjunctivitis
680	Antibiotics: When They Can and Can't Help
681	Asthma Flare-ups
682	Asthma: Questions to Ask When It Doesn't Get Better
683	Dust Mites in the Home
686	Sinusitis
688	Health Insurance: Understanding What It Covers
689	Babesiosis
691	Pneumococcal Conjugate Vaccine: What a Parent Needs to Know
692	Bike Safety Tips
695	High Blood Pressure During Pregnancy
696	Asthma Action Plan

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702	Depression After a Heart Attack
705	Tick-borne Diseases: What You Should Know
706	Chronic Obstructive Pulmonary Disease (COPD)
710	Bioterrorism: What You Need to Know
713	Terrorism: Helping Children Deal With Their Feelings
716	Down Syndrome in Adults: Staying Healthy
717	Interstitial Cystitis
718	Artificial Hydration: Hypodermoclysis
719	Cancer: When You're a Caregiver
720	Cancer: End-of-Life Issues for the Caregiver
721	Cancer: Choosing a Treatment Program
722	Cancer: Palliative Care
723	Cancer: After Treatment
724	Cancer: Preparing for Treatment
725	Cancer: Early Detection
726	Cancer: During Treatment
727	Cancer: Common Cancers in Adults
728	Cancer: Helping Your Family Help You
729	Cancer: Are You at Risk?
730	Cancer: Medical Vocabulary
731	Vaccine Shortages
734	Health Insurance: Understanding Your Health Plan's Rules
735	Prescriptions and Insurance Plans
736	Medical Errors: Tips to Help Prevent Them
737	Exercise-induced Urticaria (Hives)
738	Hormone Replacement Therapy: New Information
739	Homosexuality: Facts for Teens
740	Smallpox Vaccine: What You Should Know
741	Exercise-Induced Bronchospasm: What You Should Know
742	Thyroid Nodules
743	Cytomegalovirus
744	Echinacea: What Should I Know About It?
745	Herpes Zoster Ophthalmicus (HZO)
746	Histoplasmosis
748	Vertebroplasty for Spine Fracture Pain
749	Echinococcosis
750	Skin Problems: How to Protect Yourself From Job-related Skin
751	Iron Deficiency Anemia in Infants and Children: How to Preve
752	Premenstrual Dysphoric Disorder (PMDD)
753	Vulvar Cancer
754	Exercise for the Elderly
755	Alcohol Abuse: How to Recognize Problem Drinking
756	Jaundice and Your Baby
757	Migraine Headache in Children and Adolescents
758	Hereditary Hemochromatosis
760	Herpes During Pregnancy: What You Should Know

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761	Triple Screening in Pregnancy: What It Is and What to Expect
762	Osteosarcoma in Children
763	Lipomas
765	Vitamin B-12
766	Male Infertility
767	Sick Sinus Syndrome: What You Should Know
768	Sexuality: Chronic Illness and Your Sex Life
770	High Blood Pressure: Using an Ambulatory Blood Pressure Moni
772	Hepatitis C: What It Is and How It's Treated
774	Joint and Soft Tissue Injections
775	Atrial Fibrillation
776	Burning Mouth Syndrome
779	Diabetes: Blood Tests to Help You Manage Your Diabetes
780	Vascular Disease: How to Prevent Coronary Artery Disease, He
781	Healthy Living: Passing on Healthy Habits to Your Kids
782	Mind/Body Connection: How Your Emotions Affect Your Health
783	Health on the Web: Finding Reliable Information
784	Fad Diets: What You Need to Know
785	Self-management: Taking Charge of Your Health
786	Healthy Living: How Common Behaviors Affect Your Health
788	Working with Your Doctor to Overcome Overweight and Obesity
790	West Nile Virus
791	CPAP Devices for Sleep Apnea
792	Tubal Sterilization: What You Should Know
793	Toxoplasmosis in People Who Have a Weak Immune System
794	Eye Injuries in Sports
795	Weight Control: What it Takes to Lose Weight
796	Weight Control: Choosing the Right Diet to Lose Weight
797	Blood Pressure Medicines
798	Urinary Incontinence: Bladder Training
799	Good Health Habits at 60 and Beyond
800	Deep Vein Thrombosis: What You Should Know
801	Cholesterol-lowering Medicines
802	Prescription Pain Medicines
803	Oral Diabetes Medicines
804	Contraceptive Options Update
805	Emergency Contraception
806	Birth Control: How to Use Your Diaphragm
807	Essential Tremor
808	Pityriasis Rosea
809	Anaphylaxis
810	Crohn's Disease
811	Breast Cyst Aspiration
812	HIV: How to Take Your Medicines for HIV
813	Inhalant Abuse and Your Child
814	Skin Problems: Dry, Itchy Skin

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816	Food Poisoning From Eating Fish
817	Stomach Cancer
818	Interstitial Nephritis
820	Barrett's Esophagus: What Should I Know About It?
821	Type 2 Diabetes and Impaired Fasting Glucose
822	Diethylstilbestrol
823	Club Drugs: Myths and Risks
824	Pregnancy: Should I Use a Seat Belt?
825	Polycythemia Vera
826	Metabolic Syndrome
827	Breastfeeding and Returning to Work
828	Breast Milk: How to Pump and Store It
829	Dysmenorrhea: Painful Menstrual Periods
830	Rebound Headaches
831	Heart Palpitations
832	Chronic Kidney Disease
834	How to Care for Your Baby's Teeth
835	Breathing Problems: Shortness of Breath
836	Choosing a Family Doctor
837	Tips for Talking to Your Doctor
838	Creating a Health Journal
839	Poison Ivy
840	Edema
841	Diabetic Ketoacidosis: What It Is and How To Prevent It
842	Pregnancy: What to Do When Your Pregnancy Is Unexpected
843	Becoming Parents: What It Means for Couples
844	Being a Single Parent
845	What Is An Adoption Plan?
846	Ending Your Pregnancy
847	Diabetic Nephropathy
848	Understanding the New Medicare Prescription Drug Plan
849	AIM to Change Food and Activity Journal
850	5 Questions to Help You Get Ready for the Drug Benefit
851	OTC Drugs: Getting the Most from Your Medicine
852	OTC Drugs: Reducing the Risk of Adverse Effects
853	OTC Drugs: Special Groups at Risk of Adverse Effects
854	Antacids and Acid Reducers: OTC Relief for Heartburn and Aci
855	Antidiarrheal Medicines: OTC Relief for Diarrhea
856	Antiemetic Medicines: OTC Relief for Nausea and Vomiting
857	Antihistamines: Understanding Your OTC Options
858	Cough Medicine: Understanding Your OTC Options
859	Decongestants: OTC Relief for Congestion
860	Herbal Products and Supplements: What You Should Know
861	Laxatives: OTC Products for Constipation
862	Pain Relievers: Understanding Your OTC Options
863	Vitamins and Minerals: What You Should Know

LVM SYSTEMS
Health Information Setup
List - Topics - Topic Id Order (Audio Health)

Audio ID	Health Topic
864	Health Guides
865	Head Lice - What They Are and How to Eliminate Them
866	Tips for Healthy Children and Families
867	Medicare Prescription Drug Plan Resources
868	Restless Legs Syndrome: What it is and how to cope
869	Hyperthyroidism: What It Is and How to Treat It
870	Your Baby and Down Syndrome
871	Postpartum Depression Action Plan
872	Postpartum Depression Information from Other Organizations
873	Recommended Readings for Information on Postpartum Depressio
875	Health Care Workers and Tuberculosis Infection
876	Rheumatoid Arthritis
877	Intertrigo
878	Mallet Finger
879	Exercising Your Finger After an Injury
881	Body Piercing
882	Cognitive Therapy
883	Abdominal Aortic Aneurysm (AAA): What You Should Know
884	Do I Need an Interpreter?
885	Amenorrhea: What You Should Know
886	Arrhythmogenic Right Ventricular Dysplasia: What You Should
887	Resources for Affordable Prescription Medicine
888	Understanding Your Medical Bills
889	Opioid Addiction
891	Genital Herpes
892	Tick-borne Relapsing Fever
893	Is a Low-Carbohydrate Diet Right for Me?
895	Hidradenitis Suppurativa
896	Ectopic Pregnancy
897	Hepatitis A
898	Mental Retardation: What Caregivers Need to Know
899	Recovering from a Hip Fracture: What You Should Know
900	Kidney Stones: What You Should Know
901	Cerebral Palsy in Children
902	Rickets: What It Is and How It's Treated
903	Whooping Cough
904	Antidepressant Discontinuation Syndrome
905	Hemolytic Uremic Syndrome
906	Hirschsprung's Disease
907	Nonalcoholic Fatty Liver Disease